

The Dr. Richard E. Betor Cosmetic Dental Group

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Preoperative Instructions for Implant or Bone Augmentation Surgeries

1. **Antibiotic:** Begin taking the prescribed antibiotic at the recommended dosage 24 hours prior to surgery. If you forget to take the antibiotic a loading dose of 2 tablets of the recommended antibiotic should be taken 1 to 2 hours prior to surgery with a small meal and plenty of water.
2. **Anti-Inflammatory:** 400 to 600 mg of ibuprofen (Advil, Motrin) should be taken 1 hour prior to surgery unless you have been instructed otherwise due to allergy or gastrointestinal problems.
3. **Steroids:** If prednisone (Medrol Dose-Pak) has been prescribed to control postoperative swelling, begin by taking all of the dose of day 1's medication the day of surgery with a small meal and plenty of water.
4. **Sedation:** If an oral sedative (Halcion) is to be administered please arrive 45 minutes prior to your appointment with said medication. If intravenous sedation is to be administered arrive 10 minutes prior to your appointment. A responsible adult with an interest in your well-being must accompany you to the appointment and drive you home. It is recommended that the adult stay with you until the effects of the sedation has worn off.

Date _____

Patient Signature _____

World-Class Dentistry

* Offering cosmetic, implant, laser & general dentistry

* Graduate of the Larry Rosenthal Institute for Aesthetic Dentistry in Manhattan

* Candidate for Fellowship in the Academy of General Dentistry (F.A.G.D.), a distinction held by less than 2% of all dentists

* Member - American Academy of Cosmetic Dentistry, American Dental Association & American Academy of Implant Dentistry